# First Sunday in Lent February 26, 2023

Mark 2:4 Adaptive Worship Service





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Pastor: Rev. Jefferson Cox

Welcome! Today's gospel tells of Jesus' temptation in the desert. His forty-day fast becomes the basis of our Lenten pilgrimage. In the early church Lent was a time of intense preparation for those to be baptized at the Easter Vigil. This catechetical focus on the meaning of faith is at the heart of our Lenten journey to the baptismal waters of Easter.

There are a few things to know about this service: you are not required to stand at any point though you can move around anytime you want or need, and Holy Communion is served with gluten-free bread & grape juice.



Text: Marty Haugen, b. 1950
Music: TWO OAKS, Marty Haugen
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#### **GREETING**

Pastor: The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

Congregation: And also with you.

#### PRAYER OF THE DAY

Pastor: Let us pray. O God, our leader and guide, in the waters of baptism you bring us to new birth to live as your children. Strengthen our faith in your promises, that by your Spirit we may lift up your life to all the world through your Son, Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

**Congregation: Amen.** 

## FIRST READING Genesis 12:1-4a

Introduction to the Lesson: God's call of Abram and Sarai has a clear purpose—that through them all the families of the earth would gain a blessing. As they set out on their journey, they are accompanied by promises of land, nation, and a great reputation.

Reader: The Lord said to Abram, "Leave your country, your relatives, and your father's home, and go to a land that I am going to show you. I will give you many descendants, and they will become a great nation. I will bless you and make your name famous, so that you will be a blessing. I will bless those who bless you, But I will curse those who curse you. And through you I will bless all the nations." When Abram was seventy-five years old, he started out from Haran, as the Lord had told him to do; and Lot went with him.

After the reading...

Reader: The word of the Lord.

Congregation: Thanks be to God.

## GOSPEL LESSON

John 3:1-17

Introduction to the Gospel: A curious Pharisee visits Jesus by night to learn from the teacher his friends reject. Jesus speaks to him about life in the Spirit and the kingdom of God.

Pastor: The Holy Gospel according to John in the 3rd chapter.

Congregation: Glory to you, O Lord.

There was a Jewish leader named Nicodemus, who belonged to the party of the Pharisees. One night he went to Jesus and said to him, "Rabbi, we know that you are a teacher sent by God. No one could perform the miracles you are doing unless God were with him." Jesus answered, "I am telling you the truth: no one can see the Kingdom of God without being born again." "How can a grown man be born again?" Nicodemus asked. "He certainly cannot enter his mother's womb and be born a second time!" "I am telling you the truth," replied Jesus, "that no one can enter the Kingdom of God without being born of water and the Spirit. A person is born physically of human parents, but is born spiritually of the Spirit. Do not be surprised because I tell you that you must all be born again. The wind blows wherever it wishes; you hear the sound it makes, but you do not know where it comes from or where it is going. It is like that with everyone who is born of the Spirit." "How can this be?" asked Nicodemus. Jesus answered, "You are a great teacher in

Israel, and you don't know this? I am telling you the truth: we speak of what we know and report what we have seen, yet none of you is willing to accept our message. You do not believe me when I tell you about the things of this world; how will you ever believe me, then, when I tell you about the things of heaven? And no one has ever gone up to heaven except the Son of Man, who came down from heaven." As Moses lifted up the bronze snake on a pole in the desert, in the same way the Son of Man must be lifted up, so that everyone who believes in him may have eternal life. For God loved the world so much that he gave his only Son, so that everyone who believes in him may not die but have eternal life. For God did not send his Son into the world to be its judge, but to be its savior.

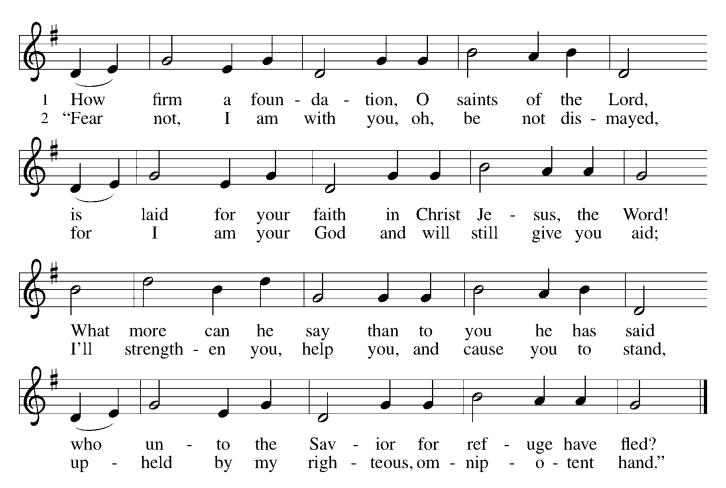
After the reading...

Pastor: The gospel of the Lord.

Congregation: Praise to you, O Christ.

## **SERMON**

## HYMN OF THE DAY How Firm a Foundation verses 1 & 2



Text: J. Rippon, *A Selection of Hymns*, 1787, alt. Music: FOUNDATION, Early American

## PRAYERS OF INTERCESSION

Worship Leader: Sustained by God's abundant mercy, let us pray for the church, the world, and all of creation.

A brief silence.

Prayer Leader: O God, you so love your church. Raise up leaders who care for your people. Bless lay theologians, seminary and college professors, and all who are called to the ministry of teaching, that they form and inspire us for the work of the gospel. Lord, in your mercy, **Congregation: hear our prayer.** 

Prayer Leader: O God, you so love the world. Uphold leaders who resist tyranny and oppression. Strengthen organizations that promote peace and harmony. Direct their work to alleviate human suffering and to address its root causes. Lord, in your mercy,

## Congregation: hear our prayer.

Congregation: hear our prayer.

Prayer Leader: We bring to you our needs and hopes, O God, trusting your wisdom and power revealed in Christ crucified.

**Congregation: Amen.** 

## OFFERING PRAYER

Pastor: Blessed are you, O God, maker of all things. Through your goodness you have blessed us with these gifts: our selves, our time, and our possessions. Use us, and what we have gathered, in feeding the world with your love, through the one who gave himself for us, Jesus Christ, our Savior and Lord.

Congregation: Amen.

## **HOLY COMMUNION**

Pastor: The Lord be with you.

Congregation: And also with you.

Pastor: Lift up your hearts.

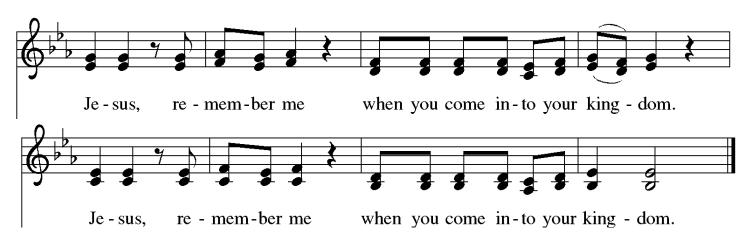
Congregation: We lift them to the Lord.

Pastor: Let us give thanks to the Lord our God.

## Congregation: It is right to give our thanks and praise.

Pastor: It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ. You call your people to cleanse their hearts and prepare with joy for the paschal feast, that, renewed in the gift of baptism, we may come to the fullness of your grace. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name.

Pastor: In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.



Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.



Pour out upon us the Spirit of your love, O Lord, and unite the wills of all who share this heavenly food, the body and blood of Jesus Christ, our Lord; to whom, with you and the Holy Spirit, be all honor and glory, now and forever.

Congregation: Amen.

## **LORD'S PRAYER**

Pastor: Lord, remember us in your kingdom and teach us to pray in the language closest to our hearts.

Congregation: Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

## TABLE BLESSING (AFTER COMMUNION IS SERVED)

Pastor: The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace. **Congregation: Amen.** 

## PRAYERS AFTER COMMUNION

Pastor: Let us pray. We give you thanks, almighty God, that you have refreshed us through the healing power of this gift of life. In your mercy, strengthen us through this gift, in faith toward you and in fervent love toward one another. Gracious God, loving all your family with a mother's tender care: As you sent the angel to feed Elijah with heavenly bread, help those who go to share your word and sacrament with those who are sick, homebound, or imprisoned. In your love and care, nourish and strengthen those who will receive this sacrament, and give us all the comfort of your everlasting presence through the body and blood of your Son, Jesus Christ, our Lord. **Congregation: Amen.** 

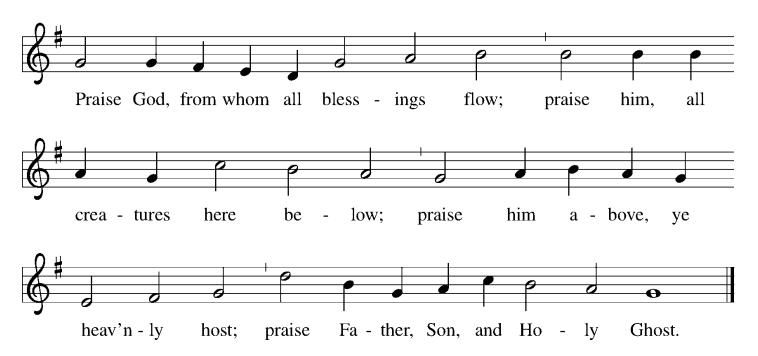
## **BLESSING**

Pastor: The Lord bless you and keep you. The Lord's face shine on you with grace and mercy. The Lord look upon you with favor and + give you peace.

Congregation: Amen.

## **SENDING SONG**

# The Doxology



Text: Thomas Ken, 1637-1711

Music: OLD HUNDREDTH, Louis Bourgeois, 1510–1561

## **DISMISSAL**

Pastor: Together we have heard God's Word and shared in the Lord's Supper, we have given and have been forgiven. Now as this service of worship is ending, this week's service to the world is beginning! Go in peace. Serve in love.

Congregation: Thanks be to God!

## **POSTLUDE**

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